



Bahamas Medical &  
Surgical Supplies Ltd.

# THE BAHAMASMED



## HOLIDAY CALENDAR



# BAHAMIAN CHRISTMAS MENU

## *STARTERS*

- Conch Chowder
- Stew Conch
- Stew Boil Fish
- Boil Fish



## *MAIN DISHES*

- Baked Ham with Pineapple Glaze
- Peas & Rice
- Macaroni Pie
- Baked Turkey
- Steamed or Fried Fish



## *DESSERTS*

- Guava Duff with Warm Butter Rum Sauce
- Rum cake
- Coconut tart
- Benny cake
- Cheesecake





Bahamas Medical & Surgical Supplies Ltd.

*Holiday*

# CORPORATE OFFICE & RETAIL STORE HOURS

**WEDNESDAY, DECEMBER 24, 2025**

Special Business Hours: 9am-1pm  
Nassau & Freeport locations

**THURSDAY, DECEMBER 25, 2025**

Christmas Day  
**CLOSED**

**FRIDAY, DECEMBER 26, 2025**

Boxing Day Holiday  
**CLOSED**

**SATURDAY, DECEMBER 27, 2025**

**CLOSED**  
Nassau & Freeport locations

**MONDAY, DECEMBER 29, 2025**

Normal Business Hours: 9am-5pm  
Nassau & Freeport locations

**WEDNESDAY, DECEMBER 31, 2025**

Special Business Hours: 9am-1pm  
Nassau & Freeport locations

**THURSDAY, JANUARY 1, 2026**

New Years Day  
**CLOSED**

**FRIDAY JANUARY 2, 2026**

Normal Business Hours: 9am-5pm  
Nassau & Freeport locations

**SATURDAY, JANUARY 3, 2025**

Normal Business Hours: 10am-2pm  
Nassau & Freeport locations

**MONDAY, JANUARY 5, 2026**

Normal Business Hours: 9am-5pm  
Nassau & Freeport locations

**FRIDAY, JANUARY 9, 2026**

Special Business Hours:  
Freeport location: 9am-12:30pm  
Nassau location: 9am-3pm

**SATURDAY JANUARY 10, 2026**

**CLOSED**  
Nassau & Freeport locations

**MONDAY JANUARY 12, 2026**

Majority Rule Day Holiday (Observed)  
**CLOSED**

**TUESDAY, JANUARY 13, 2026**

Normal Business Hours: 9am-5pm  
Nassau & Freeport locations

<p>9 FIFTH TERRACE, CENTREVILLE TEL: (242) 603-2310 &amp; (242) 328-5057 NASSAU, NEW PROVIDENCE</p>	<p>3 LUCAYA SHOPPING CENTRE, TEL: (242) 602-7940 &amp; (242) 602-7941 FREEPORT , GRAND BAHAMA</p>
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WWW.BAHAMASMED.COM  
IF IT'S HEALTHCARE...IT'S HERE





*Merry  
Christmas*

— AND —  
HAPPY NEW YEAR

**Wishing you a joyful and restful holiday season, and renewed energy for a successful year ahead**



**Bahamas Medical &  
Surgical Supplies Ltd.**

#9 Fifth Terrace, Centreville  
Tel: (242) 603-2310 & (242) 242 328-5057  
Nassau, New Providence

#3 Lucaya Shopping Centre,  
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Freeport , Grand Bahama

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